

# THE HUNGRY CARROT

## Weekly Menu – Week 5

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Roast Vegetable &amp; Grilled Halloumi Flatbread</b></p> <p><b>£5.30</b></p>	<p><b>Sweet Potato Quesadillas Served with Re Fried Beans</b></p> <p><b>£4.95</b></p>	<p><b>Roasted Courgette &amp; Red Pepper Quiche Served with Side Salad</b></p> <p><b>£4.95</b></p>	<p><b>Grilled Halloumi, Nectarine &amp; Freekah Salad Wrap, with Sweet Potato Fries</b></p> <p><b>£5.30</b></p>	<p><b>Lentil Lasagne Served with Homemade Garlic Bread</b></p> <p><b>£5.30</b></p>
<p><b>Aubergine Curry with Basil &amp; Tamarind</b></p> <p><b>£4.95</b></p>	<p><b>Pan Fried Gnocchi with Mushrooms, Spinach &amp; Cheddar Gratin</b></p> <p><b>£4.95</b></p>	<p><b>Jerk Marinated Vegan Steak, Served with Rice &amp; Peas</b></p> <p><b>£4.95</b></p>	<p><b>Tarka Dhal with Wild &amp; Basmati Rice &amp; Bread</b></p> <p><b>£5.30</b></p>	<p><b>Crispy Bang Bang Tofu with Peanut &amp; Chilli Stir Fry</b></p> <p><b>£4.95</b></p>