THE HUNGRY CARROT

Monday	Tuesday	Wednesday	Thursday	Friday
Roast	Sweet	Roasted	Grilled	Lentil
Vegetable	Potato	Courgette &	Halloumi,	Lasagne
& Grilled	Quesadillas	Red Pepper	Nectarine &	Served with
Halloumi	Served with	Quiche	Freekah	Homemade
Flatbread	Re Fried	Served with	Salad Wrap,	Garlic Bread
	Beans	Side Salad	with Sweet	
			Potato Fries	
£5.20	£4.80	£4.80	£5.20	£5.20
Aubergine	Cauliflower	Vegan No	Tarka Dhal	Palak Curry
Curry with	& Sweet	Chicken,	with Wild &	& Rice
Basil &	Potato	Chicken	Basmati Rice	
Tamarind	Jalfrezi,	Caesar Salad	& Bread	
	with			
	Basmati			
	Rice			
£4.80	£4.80	£4.80	£5.20	£4.80